

“Since I’ve been here yes,  
I’ve gotten a lot better.  
I’ve gained weight. Now I  
have a bed to rest on.”

~Coalition Lift Resident



“We will never reclaim  
the lives lost before this  
integrated model of care  
became proven and accessible.  
Moving forward, we can work  
together to inform policy  
and decisions regarding the  
allocation of resources.”

~Stephanie Berman-Eisenberg, President/CEO



**THE COALITION LIFT HIGH NEEDS/HIGH-COST PILOT PROJECT**



## CARRFOUR SUPPORTIVE HOUSING'S COALITION LIFT HIGH NEEDS/ HIGH-COST PILOT PROJECT SET OUT TO DETERMINE THE COST BENEFITS OF PROVIDING PERMANENT SUPPORTIVE HOUSING TO INDIVIDUALS WHO ARE THE HIGHEST UTILIZERS OF PUBLIC SYSTEMS IN MIAMI-DADE COUNTY.

**Carrfour Supportive Housing is a nonprofit organization** who develops, operates and manages innovative housing communities for individuals and families in need through a unique approach combining affordable housing with comprehensive, on-site supportive services. Carrfour has housed more than 10,000 formerly homeless, men, women and children since its founding. Carrfour's mission is to end homelessness in Miami-Dade County by developing permanent supportive and affordable housing for individuals and families.

In response to the need for a systemic change in the way the State of Florida responds to the chronic homeless population, Florida Finance Housing Corporation (FHFC) issued a Request for Proposals (RFP) to develop a supportive housing program with a research component for "Housing for High Needs/High-Cost Individuals who are Chronically Homeless." Carrfour was one of three pilot sites (Miami-Dade, Duval, and Pinellas counties) chosen to demonstrate the effectiveness of providing Permanent Supportive Housing (PSH) to high utilizers of public crisis services experiencing housing instability.

## KEY OUTCOMES

Reduced annual costs in expenditures associated with the participants' use of public systems including jails, emergency rooms, crisis units, shelters, and other institutions.

Positive changes in avoiding homelessness and retaining permanent housing, attaining and maintain income through income or benefits, reduced criminal justice involvement, and improved social connection including contact with family and friends.

## RESEARCH QUESTIONS

**Does providing permanent supportive housing to "high needs/high cost" individuals who are chronically homeless result in cost savings to the community, and result in better qualitative outcomes for the individuals?**

## 3 STUDY GROUPS

### Group 1

34 individuals housed in the Coalition Lift building and receiving intensive wrap-around services in addition to permanent supportive housing

### Group 2

35 individuals housed in established permanent supportive housing communities receiving supportive housing services

### Group 3



Up to 45 individuals who were not housed and remained homeless during the duration of the project

## WHAT DOES HOUSING COST?



**HOUSING A PARTICIPANT IN COALITION LIFT & PROVIDING ONSITE SUPPORTIVE SERVICES COST \$17,123 ANNUALLY PER PERSON.**

**OVERALL SAVINGS OF \$27,292 PER PERSON PER YEAR WERE REALIZED FOR PUBLICLY FUNDED SYSTEMS OF CARE.**



## FINDINGS:

 **PHYSICAL HEALTH COSTS DOWN 65.1%** The largest cost savings was for physical health costs which decreased by 65.1% (cost savings of \$984,933). 

  **MENTAL HEALTH COSTS DOWN 67%** There was a cost savings of \$115,958 for mental health services.

 **SHELTER COSTS DOWN 96.2%** Shelter costs reduced by \$22,233  
Note: The shelter costs were relatively low because many of the participants were recruited directly from the streets and were not living in shelters prior to admission. 

  **JAIL COSTS DOWN 20.7%** Jail costs also dropped by \$35,400.

 **INCOME INCREASED 19%** Participant's income increased from 47.6% at baseline to 56.8% at final assessment. 

## HIGHLIGHTS OF COALITION LIFT

- Compared pre-housing and post-housing costs to publicly funded systems of care for individuals identified as the highest needs/highest cost utilizers in Miami-Dade County
- Development of a multi-agency advisory group, the Coalition Lift Advisory Board, who monitors and addresses the implementation of the program and the research
- Identified a High Need/High-Cost list of utilizers of publicly funded crisis systems and statistically ranked these individuals based on need (list captured 802 potential participants)
- Compared the cost savings to public systems for two time periods: 2 years prior to being housed in comparison to 2 years after being housed, for each participant
- Assessed the impact on participant's health, housing stability, income, and social supports

## SERVICES OFFERED AT COALITION LIFT PILOT

**Intensive Case Management, Evidence Based Services** – Motivational Interviewing, Trauma Informed Care, SSI/SSDI Outreach Assessment and Recovery (SOAR), Peer Support Services, Nursing Case Management, Mental Health/Outpatient Substance Abuse Services, Employment and Training Services, Health and Wellness/Recreation/Community Building Activities

**Note:** For ongoing sustainability after the completion of the research study, Coalition Lift received rental subsidies and operating funding from the Department of Housing and Urban Development (HUD). These subsidies will continue beyond the research period and are essential for supportive housing programs to be successful.

“We’re all like family here... we draw, play dominoes, make arts & crafts”

~Coalition Lift Resident



“Here [my mental health] is better because there is more security & I have a bed to sleep in. I feel better.”

~Coalition Lift Resident



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**COALITION LIFT ADVISORY COUNCIL**

Carrfour Supportive Housing, Citrus Health Network, Behavioral Science Research Institute, Miami-Dade County Homeless Trust, Miami-Dade Jail Diversion Program, Camillus Health Lazarus Team, University of South Florida (USF) Policy & Services Research Data Center (PSRDC), Jackson Health Systems, Thriving Minds of South Florida

**FOR MORE INFORMATION ABOUT CARRFOUR & ACCESS TO THE FULL COALITION LIFT REPORT,  
PLEASE VISIT: [WWW.CARRFOUR.ORG/COALITIONLIFT](http://WWW.CARRFOUR.ORG/COALITIONLIFT)**